

Amendments to the Specification:

Please add the following new paragraph at page 1 after the title of the invention:

This application is the U.S. national phase application of PCT International Application No. PCT/GB2003/03462, filed August 8, 2003, and claims priority of British Patent Application No. 0218540.3, filed August 9, 2002.

Please replace the paragraph beginning at page 1, line 16, with the following rewritten paragraph:

By "elongated" herein, we mean the length relative to the width of the flat of the flat strip metal. The term "narrow" is to be interpreted accordingly.